

Useful reads

Thematic Group on Supporting the Mental Health of Farmers and Farming Communities

May 2024



Funded by
the European Union

Articles/Studies/Reports

Background briefing – EU policy seminar on mental health in farming, SafeHabitus Horizon Project, 2024

<https://www.safehabit.us/publication/background-briefing-eu-policy-seminar-on-mental-health-in-farming/>

Farmers' psychosocial work environment and mental health, Peter Lundqvist, Carita Håkansson, Karin Hakelius, 2023 <https://sawee.se/publications/farmers-psychosocial-work-environment-and-mental-health/>

Continuity, change and new ways of being: An exploratory assessment of farmer's experiences and responses to public health restrictions during the COVID-19 pandemic in a rural Irish community, Alexis O'Reilly BA, David Meredith PhD, Ronan Foley PhD, Jack McCarthy PhD, 2023 <https://onlinelibrary.wiley.com/doi/full/10.1111/soru.12424>

Disordered alcohol and substance use in Irish farmers: A cross-sectional survey, O'Connor, S., Malone, S.M., Firnhaber, J., O' Shaughnessy, B.R., McNamara, J.G., O'Hagan, D., 2023 <https://onlinelibrary.wiley.com/doi/full/10.1111/jrh.12783>

Sleep issues and burnout in Irish farmers: A cross sectional survey, O'Connor, S., O'Hagan, A.D., Malone, S.M., O'Shaughnessy, B.R., McNamara, J., Firnhaber, J., 2023 <https://www.sciencedirect.com/science/article/pii/S0925753523003193>

Summary report “Farmers Assistance Resources for Mental Health”, FARMRes Erasmus Plus project, 2023 <https://app.farmres.eu/summary-report>

FARMWELL Horizon 2020 Project - Policy Recommendations, 2023 <https://farmwell-h2020.eu/work-strands/policy/>

Agriculture, COVID-19 and mental health: Does gender matter?, 2022 Hannah Budge, Sally Shortall <https://onlinelibrary.wiley.com/doi/full/10.1111/soru.12408>

Supporting farmer wellbeing: exploring a potential role for advisors, Conor Hammersley, Noel Richardson, David Meredith, Paula Carroll and John G. McNamara, 2022 <https://www.tandfonline.com/doi/full/10.1080/1389224X.2022.2082498>



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<https://frw.studenttheses.ub.rug.nl/3885/>

Farmers' Health and Wellbeing, Produced by The Farm Safety Partnership – Health and Vulnerable Persons Working Group, 2022
https://www.hsa.ie/eng/publications_and_forms/publications/latest_publications/farmers_health_and_wellbeing.101817.shortcut.html

Mental health, societal expectations and changes to the governance of farming: Reshaping what it means to be a 'man' and 'good farmer' in rural Ireland, Conor Hammersley MSc, David Meredith PhD, Noel Richardson PhD, Paula Carroll PhD, John McNamara PhD, 2022
<https://onlinelibrary.wiley.com/doi/full/10.1111/soru.12411>

'You have to keep it going': Relational values and social sustainability in upland agriculture, Jack McCarthy PhD, David Meredith PhD, Christine Bonnin PhD, 2022 <https://onlinelibrary.wiley.com/doi/full/10.1111/soru.12402>

Farmers Have Hearts Cardiovascular Health Programme Baseline Study, Diana van Doorn, BA (Hons), MA Dr Noel Richardson Dr David Meredith Dr John McNamara Professor Catherine Blake, 2022
<https://www.teagasc.ie/publications/2022/farmers-have-hearts-cardiovascular-health-programme.php>

Putting social into agricultural sustainability: Integrating assessments of quality of life and wellbeing into farm sustainability indicators, Mary Brennan PhD, Thia Hennessy PhD, Emma Dillon PhD, David Meredith PhD, 2022
<https://onlinelibrary.wiley.com/doi/full/10.1111/soru.12417>

Weather, Workload and Money: Determining and Evaluating Sources of Stress for Farmers in Ireland, Mary Brennan, Thia Hennessy, David Meredith, and Emma Dillon, 2021 <https://www.tandfonline.com/doi/full/10.1080/1059924X.2021.1988020>

"That's Me I am the Farmer of the Land": Exploring Identities, Masculinities, and Health Among Male Farmers' in Ireland, Conor Hammersley, MSc, Noel



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<https://osha.europa.eu/en/publications/future-agriculture-and-forestry-implications-managing-worker-safety-and-health>

Positive mental health in farming, leaflet produced by Teagasc, 2018
<https://www.teagasc.ie/publications/2018/positive-mental-health-in-farming.php>

Coping with the pressures of Farming, Finola Colgan, Barry Caslin, 2017
<https://www.teagasc.ie/publications/2017/coping-with-the-pressures-of-farming.php>

Farmer stress and mental well-being, Dossier produced by ILVO
<https://ilvo.vlaanderen.be/en/dossiers/farmer-stress-and-mental-wellbeing>

