

Supporting the Mental Health of Farmers and Farming Communities 28 May 2024

## Thematic Group on Supporting the Mental Health of Farmers and Farming Communities

## Agenda 2<sup>nd</sup> TG Meeting

28 May 2024

Avenue des Arts 9/bis, 1210 Brussels







## The second meeting aims to:

- Explore and disseminate effective strategies for raising mental health awareness and for providing support within farming communities.
- Review key insights from the activities gathered from the activities of the TG to date.
- Share best practices in addressing mental health challenges in farming communities.
- Determine how successful approaches can be applied and replicated in other regions or Member States.
- Develop key policy recommendations aimed at improving actions to mitigate and address farmers' mental health needs.





Timing	Agenda item
8.30 - 9.00	Registration
9.00 - 9.15	<ul> <li>Welcome &amp; introduction of the day</li> <li>EU CAP Network</li> </ul>
9.15 – 09.30	Warm-up activity
9.30 – 10.00	<ul> <li>Reporting key messages from the informal TG exchanges</li> <li>Mental health and women in farming</li> <li>Tailored sustainable mental health support for farmers</li> </ul>
10.00 – 11.00	Discussion on the transferability of the best practice examples identified so far Q&A
11.00 – 11.30	Coffee break
11.30 – 13.00	First interactive session: Working towards key policy recommendations
13.00 – 14.30	Lunch
14.30 – 16.00	Second interactive session: Working towards key policy recommendations
16.00 – 16.30	<ul><li>Conclusions</li><li>Main take-aways of the Thematic Group</li></ul>

