

Supporting the Mental Health of Farmers and Farming Communities 28 May 2024

Thematic Group on Supporting the Mental Health of Farmers and Farming Communities

Agenda 2nd TG Meeting

28 May 2024

Avenue des Arts 9/bis, 1210 Brussels







The second meeting aims to:

- Explore and disseminate effective strategies for raising mental health awareness and for providing support within farming communities.
- Review key insights from the activities gathered from the activities of the TG to date.
- Share best practices in addressing mental health challenges in farming communities.
- Determine how successful approaches can be applied and replicated in other regions or Member States.
- Develop key policy recommendations aimed at improving actions to mitigate and address farmers' mental health needs.





Timing	Agenda item
8.30 - 9.00	Registration
9.00 - 9.15	 Welcome & introduction of the day EU CAP Network
9.15 – 09.30	Warm-up activity
9.30 – 10.00	 Reporting key messages from the informal TG exchanges Mental health and women in farming Tailored sustainable mental health support for farmers
10.00 – 11.00	Discussion on the transferability of the best practice examples identified so far Q&A
11.00 – 11.30	Coffee break
11.30 – 13.00	First interactive session: Working towards key policy recommendations
13.00 – 14.30	Lunch
14.30 – 16.00	Second interactive session: Working towards key policy recommendations
16.00 – 16.30	ConclusionsMain take-aways of the Thematic Group

