



# Thematic Group on Supporting the Mental Health of Farmers and Farming Communities

2<sup>nd</sup> TG meeting – 28 May 2024

#RuralMentalHealth



Funded by  
the European Union



# Welcome & Introduction

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# Objectives of the meeting

- › Explore and disseminate **effective strategies** for raising mental health awareness and for providing support within farming communities.
- › Review **key insights** gathered from the activities of the TG.
- › **Share best practices** in addressing mental health challenges in farming communities.
- › Determine how **successful approaches** can be applied and replicated in other regions or Member States.
- › Develop **key policy recommendations** aimed at improving actions to mitigate and address farmers' mental health needs.



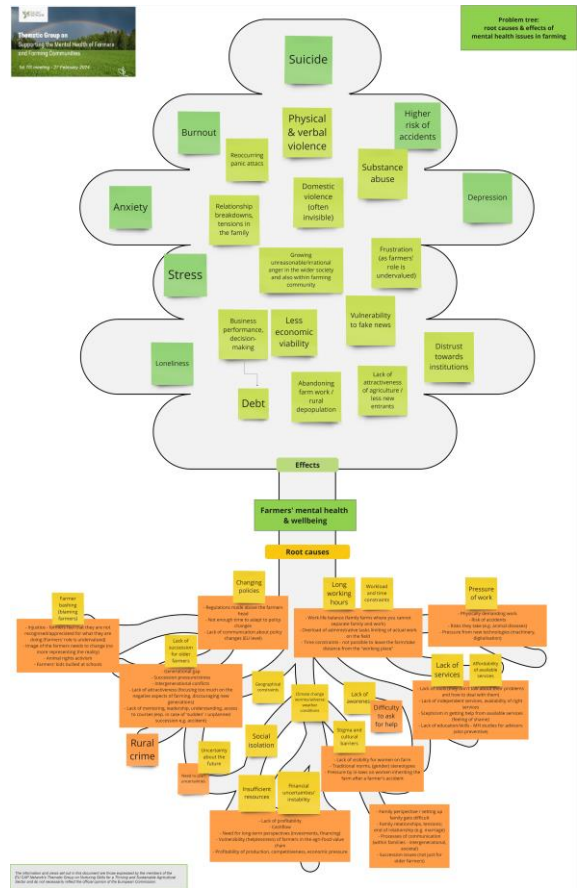
# What the TG did so far:



First online TG meeting  
27 February 2024

- Identified challenges
- Discussed strategies for supporting farmers' mental health
- Highlighted diverse solutions and approaches
- Shared best practices

Check the Highlights report and presentations from the first meeting [here!](#)





## What the TG did so far:

### Two informal TG meetings

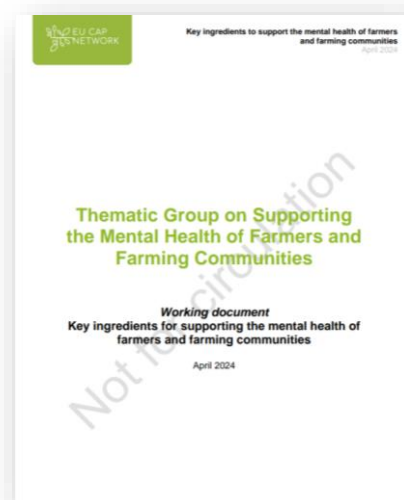
- › 1<sup>st</sup> informal meeting on 27/03/2024
- › 2<sup>nd</sup> informal meeting on 24/04/2024

- › Online
- › Around 29 participants each time

### Subgroup on CAP Strategic Plans

- › 3<sup>rd</sup> Subgroup meeting on 17/04/2024
- › Part of the EU CAP Network Governance

- › In Brussels
- › Around 50 participants



**Draft working document: key ingredients & initiatives**





# Agenda of the day

Timing	Agenda item
9.00 – 9.15	Welcome & introduction
9.15 – 09.30	Warm-up activity
09.30 – 10.00	Reporting key messages from the informal TG exchanges
10.00 – 11.00	Discussion on the transferability of the best practice examples identified so far
11.00 – 11.30	<i>Coffee break</i>
11:30 – 13:00	Interactive session
13.00 – 14.30	<i>Lunch break</i>
14.30 – 16.00	Interactive session
16.00 – 16.30	Main take-aways of the TG & conclusion





# Next steps and resources

- Policy Insights article (*coming soon*)
- [Report of the 1<sup>st</sup> TG meeting](#)
- [Presentations, pics & report of the 2<sup>nd</sup> meeting](#)
- Full document presenting the 4 examples
- Key ingredients & initiatives
- Report of the 2<sup>nd</sup> TG meeting
- Action-oriented recommendations

Stay tuned!



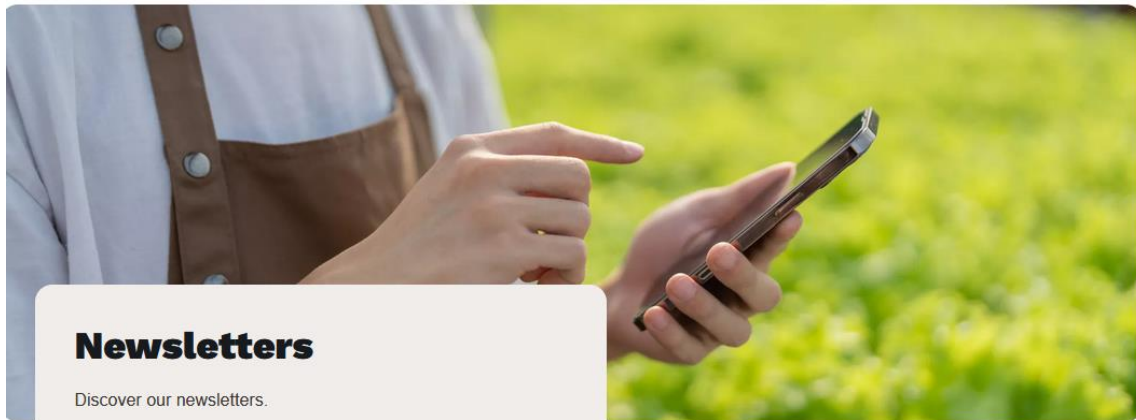
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