

# **Workout playground in Terňa**

Bringing the community together in the village of Terňa and improving fitness with a new workout playground.

### **EAFRD-funded projects**

**Location:** Terňa municipality, Slovakia **Programming period:** 2014–2020

Priority: P6 - Social inclusion and local development

Focus Area: Local development

Measures: M07 - Basic services & village renewal

**Funding:** Total budget 30 914 (EUR)

EAFRD 16 971 (EUR)

National/Regional 2 995 (EUR)

Private 10 948 (EUR)

Timeframe: 23/10/2021 - 30/10/2021 Project promoter: Terňa municipality

Email: starosta@terna.sk



© Terňa municipality

### **Summary**

The project supported the construction of a workout playground for children, youth and adults in the Slovakian village of Terňa. This fully accessible and inclusive playground creates a new space for community members of all ages and abilities to come together, socialise and engage in fitness activities that could lead to a healthier lifestyle. The project involved the development of a dedicated space for sports and leisure activities, including green infrastructure elements. The workout playground is situated on a plot of 320 m² offering several sports facilities for physical activities, including benches and other small architectural elements. The successful project was implemented through the Local Action Group (LAG) STRÁŽE.

## **Project results**

- > This project constructed a 320 m<sup>2</sup> playground area.
- Since its completion, the playground has become a bustling hub of activity, widely frequented by the community across all ages and abilities. Families, young people, seniors from the nearby municipal daycare centre, children from local kindergarten, and visitors from neighbouring villages all enjoy the playground, contributing to a positive community spirit and engagement.
- The new workout playground has succeeded in bolstering the village's social infrastructure and has created an appealing space for families, children and youth, thus elevating residents' quality of life.

### **Key lessons and recommendations**

> Quality of life project support from the CAP can provide a wide range of benefits for rural Europe.



© Terňa municipality

#### **Context**

Investing in local amenities like workout playgrounds can contribute to the overall development of a municipality, including the creation of an enhanced quality of life and potentially attracting new residents and businesses. The project aimed to enrich leisure and sports amenities in the small municipality of Terňa (1 315 residents), located in eastern Slovakia. The municipal leaders were keen to enhance local services and promote active living across the entire community to help improve residents' health and quality of life. There was also an interest in introducing more green infrastructure elements into the village.

The aspect of creating a new activity-based space in the village that would be accessible for all citizens was also very important. The aim was to attract young people, families, seniors, including those from the nearby municipal day-care centre, children from the local kindergarten and visitors from neighbouring villages.

The project initiative correlated with a growing population and ongoing village development whereby the modern workout playground was designed to give Terňa an aesthetic boost, leaving a favourable impression that would also attract tourists to stay longer and have more enjoyable visits.

A suitable area of 320 m<sup>2</sup> was identified to accommodate the new space for the workout playground and an application to the local LAG Stráže was made.

### **Objectives**

The objectives of the project were:

- To build a workout playground that would encourage residents and visitors to engage in physical activity, which would have a positive impact on a healthier lifestyle.
- To contribute to the well-being of the community by offering a space where residents could come together, socialise, engage in fitness activities and foster a sense of community.
- To design a playground that was accessible to people of all ages and fitness levels. This inclusive approach was to ensure that everyone in the community would benefit from the new space and activities, including seniors and those with limited mobility.

#### **Activities**

The project activities involved a number of key tasks:

- Procuring of goods and services needed for project implementation.
- Constructing the playground including all features, equipment and green infrastructure.
- Promoting the workout playground to the entire community.

The whole project was implemented by the municipality of Terňa. The team of LAG Stráže provided consultation and assistance to the beneficiary.

#### **Main results**

- The project's result featured the successful construction of the playground area. The workout playground is situated on a plot measuring 20 meters in length and 16 meters in width (320 m²).
- Since its completion, the playground has become a bustling hub of activity, widely frequented by the community across all ages and abilities. Families, seniors from the nearby municipal daycare centre, children from the local kindergarten, and visitors from neighbouring villages all enjoy the playground, contributing to a positive community spirit and engagement.
- The new workout playground has succeeded in bolstering the village's infrastructure and has created an appealing space for families, children and youth, thus elevating residents' quality of life.
- The playground is diligently managed and maintained by the local municipality.



# **Key lessons and recommendations**

- Quality of life support from the CAP for rural Europe can provide a wide range of direct and indirect benefits.
- > EU grant processes are designed to protect public funds and promote project quality.

### **Additional information:**

www.terna.sk

www.facebook.com/obecterna



