



Thematic Group on Supporting the Mental Health of Farmers and Farming Communities

1st TG meeting – 27 February 2024

Introduction

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#RuralMentalHealth



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Agenda of the day



09.00 – 09.30

Introduction: TG's objectives & members

09.30 – 10.30

Setting the scene: Presenting good practices at different levels

10.30 – 10.45

Break – stretch your legs & take a coffee!

10.45 – 12.45

Parallel group discussions: Discuss the root causes of farmer's MH and explore solutions & key ingredients

12.45 – 12.55

Next steps for the TG

12.45 – 12.55

Concluding remarks

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TG objectives

This TG aims to identify the most important, urgent and achievable goals to foster the mental health and well-being of farming communities, with a focus on farmers.

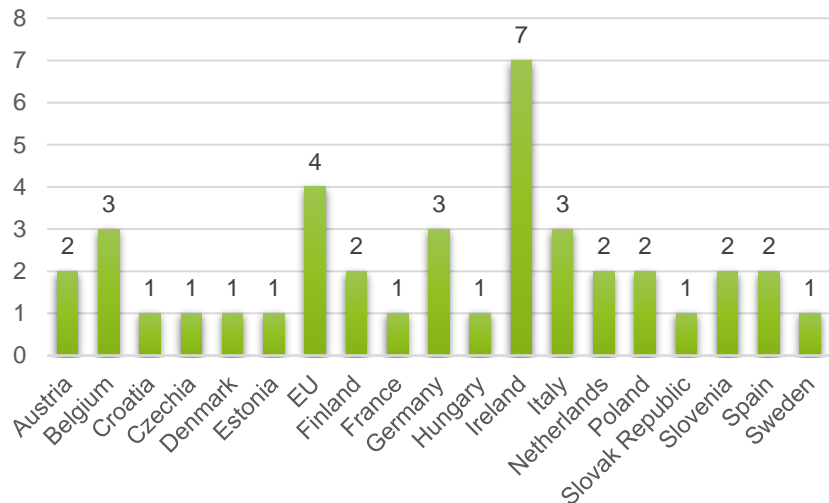
We will do this by:

1. Discussing factors impacting mental health support (physical, social, economic, personal challenges).
2. Discussing the awareness of mental health issues in farming, and how they can affect individuals and businesses.
3. Exploring various approaches to address mental health challenges, sharing the best ways that already exist at different levels (local, regional, national, and EU). We'll look at what works well, why, and if the same approach can be used in other places.
4. Talking about making mental health support more accessible for farmers.
5. Identifying potential policy-oriented recommendations for policy makers at different levels.



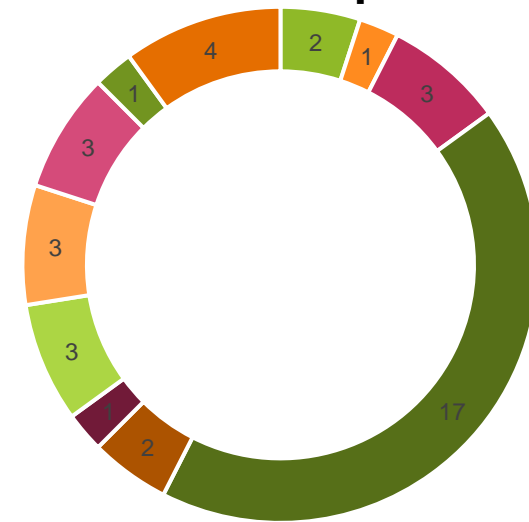


TG composition



40 participants from 18 countries & EU level representatives

Stakeholders represented



- Advisory service
- Employers' organisation for agriculture, forestry, and horticulture
- EU NGO
- Farmer/Farmers organisation
- Health organisation /services
- LAG (Local Action Group)
- Managing Authority
- National Network/Support Unit
- National NGO
- Regional/Local Authority/Municipality

